



WOMEN  
& HELLENISM

# Food for Thought

## International Women's Day 2025

### FREE EVENT

#### TOPIC:

**HERStory: From Silence to Strength- Reclaiming the Female Narrative in the Tapestry of History and Mythology**

#### BOOKING DETAILS

**DATE: Saturday, 1 March, 2025**

**TIME: 2PM Sydney/Melbourne Time**

**This is a free event on Zoom, but bookings are essential to receive the Zoom link**

<https://www.trybooking.com/CYRJH>  
[www.fft.n.org.au](http://www.fft.n.org.au)  
[info@fft.n.org.au](mailto:info@fft.n.org.au)

### March Forward:

Celebrating Hellenic Heritage with a Modern Vision



#### KEYNOTE SPEAKER:

Stella Boyages, - Human Rights Lawyer and a Board Member of The Lykeion Ellinidon Sydney and NSW Board member of International NGO Women's International League for Peace and Freedom

[Read More](#)

#### "EVENT OVERVIEW

**Join FFTN and our global audience this IWD as we embrace the theme of MARCH FORWARD**

HERStory has long been a story told through the male lens, neglecting the voices and contributions of women. In this captivating presentation, Stella Boyages takes us on a journey to uncover:

- The stereotypical roles imposed on women in history and mythology, from Penelope to Clytemnestra.
- The suppression of exceptional women like Hypatia and Sappho, punished for their intellect and creativity.
- Early representations of women as earth mothers and fertility goddesses, highlighting their pivotal roles in matrilineal societies.
- A call to rewrite history by reclaiming and celebrating the invaluable contributions of women throughout time.



**WOMEN  
& HELLENISM**

# Food

# for Thought

# International Women's Day 2025

## FREE EVENT

**HERstory: From Silence to Strength – Reclaiming the Female Narrative in the Tapestry of History and Mythology.**

### BOOKING DETAILS

**DATE : Saturday, 1 March, 2025**

**TIME: 2PM Sydney/Melbourne Time**

**This is a free event on Zoom, but bookings are essential to receive the Zoom link**

<https://www.trybooking.com/CYRJH>

[www.fftn.org.au](http://www.fftn.org.au)

[info@fftn.org.au](mailto:info@fftn.org.au)



### MODERATOR

**Helen Karagiozakis** holds a Bachelor of Laws and a Bachelor of Engineering from the University of Melbourne and blends a rich understanding of cultural heritage with a distinguished track record of leadership in the public sector.



**Andriana Simos** – a dedicated journalist and Digital Editor at The Greek Herald, Australia's largest daily newspaper for the Greek and Cypriot communities.

[Read More](#)



**VASSY** – a multi-platinum, award-winning artist, songwriter, and producer based in Los Angeles. She is the first woman to receive the prestigious EDMA ICON Award and has surpassed 3 billion streams worldwide.

[Read More](#)



**Stav Lampropoulou** – a Greek-Australian photographer and visual artist whose work explores themes of identity, place and memory, heritage, and feminism.

[Read More](#)